

## espresso coffee

tall / grande / venti

Caffè Americano 5.50 / 6.50 / 7.75

Cappuccino 6.75 / 7.25 / 8.00

Caffè Latte 6.75 / 7.25 / 8.00

Caramel Macchiato 9.50 / 11.25 / 12.25

Caffè Mocha 9.50 / 11.25 / 12.25

single / double

Espresso 4.50 / 5.50

Espresso Macchiato 4.75 / 5.75

Espresso Con Panna 5.25 / 6.25

## add

Espresso Shot 3.00 Flavoured Syrup 2.00

Whipped Cream 1.50

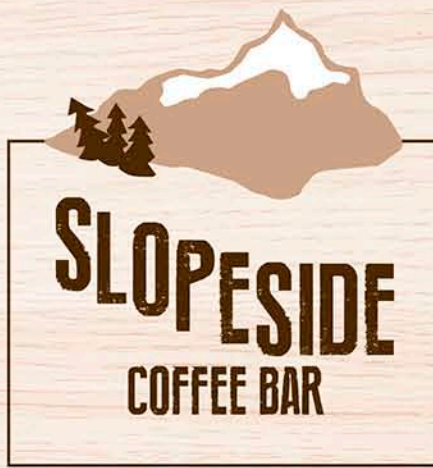
## add liqueur

1oz 5.50

Kahlua / Baileys / Amaretto Dell'Amorosa

## milk substitute

Soy or Almond 1.50



## bottled drinks

Soft Drink / Dasani Water 4.25

San Pellegrino 5.25

Lactantia Milk 2%, chocolate 7.50

Powerade 5.00

Fuze Iced Tea / Vitaminwater 5.50

Minute Maid 6.00

Monster Energy 6.25

Simply Juice 7.25

BodyArmor 7.50

Core Power 8.00

Remedy Kombucha 6.00

## brewed coffee, tea, hot chocolate

Fresh Brewed Coffee 4.75 / 5.25 / 5.75

Teavana Tea 4.25 / 4.75 / 5.25

Teavana Tea caffeine free 4.25 / 4.75 / 5.25

Teavana Chai Latte 6.00 / 6.50 / 7.00

Hot Chocolate 6.75 / 7.75 / 8.75

## blender bar

frappuccino 9.00

Caramel, Chocolate, Coffee,  
Vanilla Bean Crème, Strawberry Crème

smoothies 9.00

Strawberry Sunrise

cottage cheese, vanilla syrup, milk

Creamside

banana, yogurt, vanilla syrup, milk

Very Berry

mixed berries, yogurt, vanilla syrup, milk

## canned beer

Kokanee 355ml 8.00

Bud Light 473ml 11.50

Budweiser 473ml 11.50

Michelob Ultra 473ml 12.50

Stella Artois 473ml 14.25

Corona 473ml 14.50

**BANDED  
PEAK**  
BREWING

Mount Crushmore Pilsner 473ml 15.00

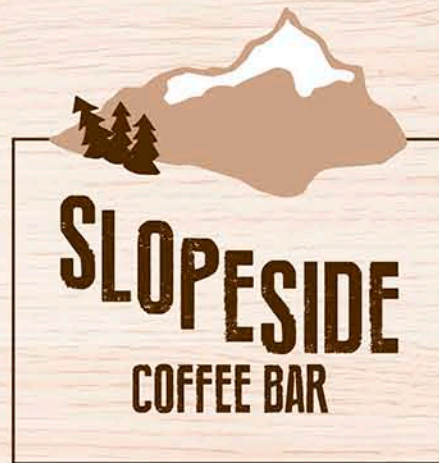
Approach Amber Lager 473ml 15.50

Microburst Hazy IPA 473ml 15.50

Grand Norte Mexican Lager 473ml 15.50

Chockstone Stout 473ml 15.50

Tallgrass Tango Mango Wheat Ale 473ml 15.50



## shots 1oz

Skrewball peanut butter whiskey 5.50

Ramazotti sambuca 5.50

Cabot Trail maple cream 5.50

Jameson Irish whiskey 6.50

Fireball 6.50

Jägermeister 6.50

The legal drinking age in Alberta is 18 years of age.  
Be prepared to show I.D. upon request.

## canned cocktails, wine, seltzer, cider

Mike's Harder Lemonade 473ml 12.25

NUTRL black raspberry 473ml 12.00

Okanagan Cider apple / pear 473ml 15.00

Highlight passionfruit / pineapple 355ml 10.50

el Cocktail margarita / paloma 355ml 10.50

White Claw mango / lime 355ml 10.50

Shaft espresso cocktail 355ml 10.75

Igo Organic rosé / white / red 250ml 15.00

Bollicini Sparkling Cuvée 250ml 15.00

## non-alcohol

Corona Cero 6.25

Blindman Hop Water 8.25

Carpenter West Coast IPA 10.75

Shaft 0.0% espresso cocktail 8.50

## pizza by the slice 8.00

Pepperoni / Cheese v

## fresh salads

Greek

grape tomatoes, cucumber, feta, black olives,  
red onion, romaine, greek dressing GF, V 13.00

Garden

grape tomatoes, cucumber, carrot, red onion, kale,  
romaine, lemon-basil balsamic dressing GF, V 13.00

Cobb

hard boiled egg, blue cheese, bacon, smoked turkey,  
tomatoes, romaine, avocado dressing GF 15.50

Chicken Caesar

parmesan, bacon, romaine, lemon wedge 15.50

## healthy snacks

Fresh Fruit Cup GF, V 7.00

Hummus & Vegetables GF, V 9.00

Yogurt & Granola Parfait v 9.00

GF - Gluten-Free V - Vegetarian

## sandwiches

ciabatta 13.00

Spicy Italian

salami, pastrami, ham, provolone cheese, hot banana  
peppers, roasted red peppers & red onion

Turkey Club

swiss cheese, bacon, arugula, tomato, mayo

Caprese

bocconcini, tomato, arugula, pesto, balsamic glaze

## signature wraps

Alberta Roast Beef

chimichurri, roasted red peppers, grilled onions,  
mozzarella, mayo, kale 14.00

Grilled Chicken Pesto

romaine, kale, parmesan, caesar dressing 14.00

Falafel

tzatziki, roasted red peppers, kale, grilled onions,  
hummus v 14.00

deli style 12.00

Ham & Swiss, Roast Beef,

Tuna Salad, Egg Salad v

## baked goods

Cookie 3.00

Muffin 4.75

Sweet Loaf 4.75

Danish Pastry 6.50

Vegan Brownie 7.00

Gluten-Free Brownie 6.25

Pain au Chocolate 7.50

## snacks & treats

Chocolate Bar 3.25

Skittles / Twizzlers 3.25

Sour Patch Kids 3.75

Twigz Craft Pretzels 7.75

Kettle Chips 3.00

Doritos / Cheetos / Ruffles 3.00

Excel Gum 3.00

Eatlove Chocolate Cups GF 6.50

CLIF Bar plant-based protein 5.00